

NOBENDEM QUIZ 1

OK - - here's a little pop-quiz!

You're scheduled to be the IO on a routine TT-5. You've been a little leery of that particular profile since rumors of post-table fatigue in IO's have been running rampant.

Analyze the following scenarios for denitrogenation and pick the one YOU would choose to dive. Explain WHY!

#1: Standard TT-5 with IO breathing 100% O₂ during the 30 min ascent from 30' to surface.

#2: Same as #1 above EXCEPT the IO also breathes 10 min O₂ during the last half of the patient's SECOND O₂ breathing period at 60 FSW.

#3: IO breathes 10 min O₂ during the last half of the patient's SECOND O₂ breathing period at 60 FSW, AND breathes O₂ during the 30 min ascent from 60 FSW to surface to 30 FSW.

Hint: Look at the safety factors and residual PN₂

BENTON P. ZWART, COL, USAF, MC, CFS
Chief, Clinical Hyperbaric Medicine